



# 25th Kodokan UK International KENDO Seminar

	Thursday 2nd September	Friday 3rd September	Saturday 4th September	Sunday 5th September
7.00am	Ladies / Senior Day not combined price for these events are £20	7 to 7.45am Asa Geiko	7 to 7.45am Asa Geiko	7 to 7.45am Asa Geiko
8.00am	excluding accomodation & food (bring your own)			
9.00am	Arrive by 9.30am	8.30am Breakfast	8.30am Breakfast	8.30am Breakfast
10.00am		9.30am Welcome Address and the selection of groups	Talk time	Grading assessment with Sumi sensei and the teachers Also the Junior Event from 10.30am to 4pm. Bring your own lunch
11.00am	morning practice		Kata	
12.00am		break	break	
1.00pm		11.45 to 12.30 Shinai Practice	11.45 to 12.30 Shinai Practice	
2.00pm	Lunch 1.00-2.00pm	Lunch 1.00-2.00pm	Lunch 1.00-2.00pm	Lunch 1 - 2.15pm
3.00pm	2.30 to 4.00pm Afternoon practice	2.30 to 4.30pm Grading Lecture & Assessment	2.15 to 2.45pm Sports Lecture	2.45 to 3.20pm Sensei's Choice break 3.30 to 4.00pm Last practice and Ji-geiko
4.00pm			3.00pm Talk time	
5.00pm		break	break	4.30pm Disperse from the Seminar by 5pm
6.00pm	Evening arrivals check in from 5.30pm	4.45 to 6.00pm Shiai/Refereeing	4.45 to 6.00pm Shiai/Refereeing	
7.00pm	6.30pm Dinner	6.30pm Dinner	6.30pm Dinner	
8.00pm				
9.00pm	8.30 to 9.30pm Ji-geiko[prompt]	8.30 to 9.30pm Ji-geiko[prompt]	8.30 to 9.30pm Ji-geiko[prompt]	
10.00pm				